

## BIOGRAPHY

Abigail Rebecca, known as The Visibility Goddess, is a **Human Design Visibility Mentor**, International Speaker and Thought Leader in Aquarian Age femme leadership. With a diverse background as a corporate leader, trained Personal Stylist, EFT Practitioner, and Kundalini Yoga junkie, Abigail brings a wealth of knowledge and experience to her work. Her journey is a testament to resilience, transformation and the power of authenticity.



Abigail's journey is one of triumph over adversity. She made the brave decision to leave a religious cult that disempowered women, at the age of 16, setting the stage for her remarkable transformation.

Overcoming corporate burnout and a heart condition, Abigail's determination and courage have made her a sought after mentor in her industry and an engaging and inspirational motivational speaker.

"Being authentically visible is an art form. It's pure energy. My purpose is to empower you to bring that to life."



With an impressive 28 years of experience in coaching and mentoring women leaders within Fortune 500 companies and her successful coaching business, Abigail is an established authority in her field. She has harnessed her wealth of knowledge to develop the tried and trusted **Illuminate Method™**. This method empowers visionary leaders to amplify their visibility, credibility and impact and grow their conscious business empires without the hustle.





As an international speaker, Abigail captivates audiences with her inspirational story of victory and resilience. Her unique blend of wisdom, authenticity and vulnerability leaves a lasting impact on every audience she addresses.

### **Topics Abigail Speaks On**

- ♦ Women Empowerment And Leadership
- Become an Opportunity Magnet With Human Design
- Thought Leadership, Visibility and Influence

  Hustle
  Influence

  How Audience Will:
- ♦ Overcoming Imposter Syndrome And Other Blocks That Make us Hide
- ❖ Build a Business Empire Without The Hustle

### Discover Personal Power and Resilience

Feel motivated to tap into their inner strength, ready to face challenges and feel inspired to pursue their dreams.

#### **Embrace Authenticity for Opportunities**

Recognise their uniqueness as a magnet for opportunities, encouraging them to believe in their potential and embrace the possibilities ahead.

#### **Amplify Influence and Make an Impact**

Feel compelled to share their knowledge and insights as Thought Leaders, understanding the influence they can wield to bring about positive change and inspire others.

### Overcome Self-Doubt and Cultivate Confidence

Experience a shift in mindset as they let go of self-doubt, confront their fears and boldly move forward.

#### **Balance Success With Wellbeing**

Rewrite the potential story that they need to hustle to be successful and they can build a prosperous empire while maintaining a fulfilling and balanced life.

Abigail Rebecca's remarkable journey from cult survivor to successful CEO, Thought Leader and Speaker makes her a compelling choice for speaking engagements, interviews and media collaborations. Her transformative story and expertise in leadership, empowerment and holistic well-being resonate with audiences worldwide.

# **AS SEEN IN**

## SHEERLUXE Fabulous



"It's been a pleasure to have Abigail Rebecca grace our stage multiple times, both as a speaker and a Master of Ceremonies. Abigail isn't just a speaker; she's a real connector. Her insights on women's empowerment, leadership, visibility and conquering challenges resonate deeply, leaving our audience inspired and motivated to take action."

Dr. Grace Liu PharmD, Founder The Gut Institute



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